



## HEALTH HISTORY QUESTIONNAIRE

*Let The True Healing Begin*

## PART ONE : GETTING TO KNOW YOU

**Patient's Full Name**

**Membership**

I am a BSI Member Patient

I am not yet a Member Patient

**Contact**

**Profession(s)**

**Working Status**

Working full or part

Retired

Not working

Self-employed

On vacation

Other, please comment

**Present Patient Location**

**Email**

**Please choose where you want to see the BSI Doctor...**

Canggu / Tibubeneng, Doctor Vincent, for all services

Ubud / Sanggingan, Doctor Steven, for all services

GWK / Jimbaran, Doctor Igo, for all services

GWK / Jimbaran, Doctor Mona, for all services

**Nationality**

**When would you like to book an appointment ?**

**Referred by Whom**

**Please tell us what services you seek at BSI ...**

The BSI 43 Day Detox, with 133 Lab Tests and Comprehensive Analysis

- Rp. 4.300.000

Deep Dive Parasites & Diseases Testing & Remedies Service

- Rp. 5.900.000

Female Hormones Testing & Therapy, Testing & Diagnosis with Natural Therapies

- Rp. 7.700.000

Male Hormones Testing & Therapy, Testing & Diagnosis with Natural Therapies

- Rp. 7.700.000

*\* not including prescribed medicines & therapies*

**The following services can be included without additional doctor charges (however medicines or testing are charged at normal rates), if requested here in advance. Therapies and medicines are quoted after testing is completed.**

**Please clarify in detail what you are requesting from BSI**

Brain Fog & Memory Testing & Therapy

Depression & Anxiety Nutraceutical Therapy

Hypertension (High Blood Pressure) Testing & Therapy

Insomnia (Sleep Disorders) Testing & Therapy

NAD+ Longevity Therapy, NAD+ Addictions Therapy

Smoking Cessation Program

Not requested

**Service Timing Parameters**

I am in Bali for 6 weeks or more, and can receive full services (recommended).

I am in Bali for 3 weeks and can receive accelerated services, with remaining therapies taken home, with email counseling.

I am in Bali 1-2 weeks, and can begin services, with remaining therapies taken home, with email counseling.

I am in Bali for 3-4 business days, and can received initial testing and test results. Therapy will be taken when I return in less than 1 month.

I am in Bali for 1-2 business days, and can receive initial testing only. I can receive results via email, with email counseling in less than 1 week (Extra charge). Therapy will be taken when I return in less than 1 month.

I am in Bali for 1-2 business days, and can receive initial testing only. I can receive results via email, with on-line secure server video counseling for one hour, combined with subsequent email counseling. Video call must be taken in less than one week. (Extra charge). Therapy will be taken when I return in less than 1 month.

## PART TWO : PATIENT VITAL INFORMATION

### Are You Able to Care for Yourself, Able to Walk?

YES, I am able to care for myself and walk

NO, I am incapacitated.

### Patient Gender

Biological male

Biological female

Different options

Present Age in Years

Faith, Religion, or Practice

Date of Birth

## PART THREE : PATIENT REQUEST FOR SERVICES

### Please Fully Describe the Illness or Concerns

### Present Weight

### Present Height

### Blood Type (if known)

### Blood Thalassemia

No, I do not have Thalassemia

Yes, I have Thalassemia

### Hemophilia

No, I do not have Hemophilia

Yes, I have Hemophilia

### Describe Your Exercise Habits

Type 0: Not much. Sedentary

Type 1: Occasional short walking, relaxation

Type 2: Yoga, Pilates, stretching, light to moderate swimming etc. Occasionally raise heart rate high

Type 3: Occasional or frequent running, jumping, trampoline, jogging (lymphatic stimulation and impact exercise)

Type 4: Weight lifting, muscle building, (endurance training)

Type 5: Super Athletic, trains or works out nearly daily.

### Stress Level

1 (No or very little stress, easy going, content)

2 (Normal stresses of managing a home or local environs, but happy)

3 (Normal stresses of challenging work or relationship, could use more rest)

4 (Moderate work stresses, challenging emotions, a little cranky but coping)

5 (Moderate or higher stresses from disease and / or home life / work life, need time off but can't)

6 (Very stressed and emotional, need distance, occasional snapping / yelling at others)

7 (Mild anger or sadness much of the time. Work hard to avoid conflict with others, may be taking related medications)

8 (Outraged most of the time, depressed, nothing makes sense, over-saturated with surroundings and society, yelling or striking at others)

9 (No hope, no patience, beyond ability to be calm or relaxed, unable to sleep)

10 (Totally unable to function in the world, restrained from public contact, fully anti-social)

## Time I normally go to bed

## Time I normally awaken

### Nap

- I do not take naps
- I nap (how many times per week)
- I usually nap for how many minutes when I nap

### Normal Sleep Habits

- I am told I snore at night
- I recover from jet lag with difficulty
- I have difficulty falling asleep
- I fall into a deep sleep
- My sleep hours are enough
- I feel vigorous after sleep
- I am satisfied with my sleep
- I have a clear head after sleep
- I wake up while sleeping
- I wake up easily because of noise
- I have difficulty getting back to sleep once
- I wake up in middle of the night
- I toss and turn

- I never go back to sleep after awakening during sleep
- Poor sleep gives me headaches
- Poor sleep makes me irritated
- Poor sleep makes me lose my appetite
- Poor sleep makes it hard for me to think
- Poor sleep makes it hard to concentrate
- Poor sleep makes me lose interest in work or others
- Poor sleep makes me forget things more easily
- Poor sleep makes me lose desire in all things
- Sleepiness interferes with my daily life
- I have difficulty getting out of bed
- I would like to sleep more after waking up
- I feel refreshed after sleep

Please comment here

## PART FOUR : GENERAL HEALTH QUESTIONS

### Usual Diet. Does the Patient Consume these Weekly or Daily?

- Wheat products (bread, pasta, noodles etc.)
- Sweet bakery items (donuts, cakes, cookies, etc.)
- Sweets, candies, chocolate, etc. each day
- Need to eat something sweet in or with most or all meals
- Common junk foods, chips, cakes, candies, etc
- Dairy products (milk, ice cream, cheese, yoghurt, etc.)
- Soy products (tofu, tempeh, soy sauce, soy flour, etc.)
- Processed, pre-packaged meats (canned meats of any kind, meat mixtures, bacon, lunch meats, sausage, etc.)
- Consume boxed, canned, bagged, pre-made foods from super markets (cereals, frozen meals, etc.)
- Low-grade fats, (oils of soy, canola, corn, highly processed oils, hydrolyzed shortening, etc.)
- Juices, cold-pressed juices, smoothies, shakes, etc.
- Powdered foods (spirulina, chlorella, whey, athletic blends, etc.)
- Soups, stews, etc.
- Coffee, tea, ginseng, chocolate (caffeine containing foods or beverages)
- Alcohol, beer, wine, mixed drinks. How often, and what type ?
- Clean fresh water. I drink how much each day?

Please comment here

"White foods" (white rice, white noodles, white breads, white sugar, white milk, white salt, etc.)  
Raw foods (salads, nuts, sushi, etc.)  
Seed oils such as cotton seed, soy, canola, corn, palm, etc.  
Clear extra virgin coconut oil (EVCO) or extra virgin olive oil  
Wild or semi-wild foods, such avocado, mango, coconut, fresh ocean fish, berries, etc.  
Other not listed above. Please explain.

## **Foods and Beverages Consumed DAILY**

### **Do You Eat in Restaurants / Cafes / Street Vendors, etc?**

**If possible, please tell us the names of those you most frequent, and your review of them.  
We publish a list of eateries suitable for our patients.**

Almost never	<b>Please comment here</b>
1-3 times per week	
3-6 times per week	
1 time each day	
2 times each day	
3 times each day	

### **Nutritional Supplements – Total daily / weekly / monthly**

Vitamin A / total daily	<b>Please comment here</b>
Vitamin B Complex or singular B vitamins / total daily	
Vitamin C tablets, pills, powders, etc. / total daily	
Vitamin D / total daily	
Vitamin E / total daily	
Minerals, combined or singular / total daily	
Green powders, spirulina, chlorella, etc. / total daily	
Body building powders / drinks, etc. / when and how much	
Probiotics. Please name type and how often.	
Herbal supplements / teas, powders, etc.	
BSI Therapure Nutraceuticals consumed presently or in the past	
Injectable supplements / medicines / vitamins when & totals	
Other nutritional items not listed here	
None of the above	

### **General Health Questions**

Chronic or occasional pain? Please describe	<b>Please comment here</b>
Recent fever	
New injuries. Please describe	
Old injuries. Please describe	
Cold chills or cold sweats	
High blood pressure	
Low blood pressure	
Legs and feet (swelling, stiff joints, etc.)	
Arteriosclerosis (blocked arteries)	
Never or none of the above	

## Brain and Head Area

Balding, hair loss, blotchy hair, the patient's hair thinning or falling out prematurely  
Pressure headaches  
Throbbing headaches  
Back-of-the-head headaches  
Forehead headaches  
Headaches around or behind eyes  
Memory lapses  
Dizziness or fainting  
Diagnosed with a tumor or brain disease  
Brain or head injuries at any time in life  
Brain surgery  
Nervousness, shaking, lack of motor control, etc.  
Paralysis anywhere in the body  
Lack of feeling anywhere in the body  
Over-sensitivity anywhere in the body  
Stroke  
Scalp problems, dandruff, itching, flaking, etc.  
Tumors, growths, moles, warts, etc. on the scalp or head  
Other head surgeries, such as on the ear, nose, neck etc.  
Something not listed above  
None of the above

Please comment here

## Oral and Dental

I have very healthy teeth and gums  
I have missing teeth, how many  
I have chipped or partial teeth  
I have diseased or rotting teeth  
I have bleeding gums  
I have receding gums  
I have false teeth or dentures  
All or most original teeth been removed  
I have amalgam fillings, how many  
I have ceramic fillings, how many  
I have dental caps or crowns on original teeth  
I have new style, more recent root canals  
I have old style root canals  
I wear or have worn braces  
I have dentures or bridges  
I have ulcers or growths in my mouth or my tongue  
I have or have had oral herpes  
I have lost my sense of taste or smell  
I use commercial mouth wash  
I am told I have bad breath most of the time  
I have excessive amounts of mucous or saliva

Please comment here

## Thyroid Disorders / Swelling

Taking thyroid medication?  
Undergone thyroid surgery or removal?  
Thyroid area inflamed or in pain?  
Exposed to nuclear radiation that may have affected the thyroid?  
Never or not sure

Please comment here

## Sinus, Ears, Throat

Recent or previous ear and/or sinus infections  
Any swelling or pain in the throat area  
Undergone surgeries in the throat or on the neck  
Recent or previous swollen or painful lymph glands in the neck or throat area  
Strained or dry voice  
Lumps or hard nodules anywhere in the mouth, sinus, gums  
Difficulties swallowing  
Sticky mucous in the throat area  
Something not listed above  
Never or note sure on all the above

Please comment here

## Eyes

Objects floating in vision ?  
Tunnel vision ?  
Poor night vision ?  
Wear corrective lenses ?  
Eye surgery (alignment, Lasix, repair, etc.) ?  
Full or partial blindness ?  
Something not listed above ?  
None of the above

Please comment here

## Digestive System

Difficulty when swallowing ?  
Specific digestive issues of the liver, gallbladder, pancreas, stomach, intestines, etc. Please explain.  
Do you have diabetes / hypoglycemia / sugar cravings ?  
Sometimes or often constipated ?  
Bloating, indigestion, vomiting, excessive gas, etc ?  
Occasional or frequent diarrhea ?  
Are the feces a strange color, grey, yellow, green, red, black ?  
Rectal bleeding, or blood in stool ?  
Hemorrhoids (piles)?  
Anal itching or irritation ?  
Cramping, abdominal pain ?  
Any other digestive condition not on the above list ?  
Never or none of the above

Please comment here

## Skin and Body Surfaces

Excessive sweating or body odors ? Please describe.  
Dry or scaly skin ?  
Growths, skin infections, skin irregularities of any kind on the body ? Where, please describe.  
Excessive bruising, discoloration or spots ? Please describe.

Please comment here

Varicose veins / Thrombophlebitis ?  
Cosmetic skin peels / Glycolic Acid, etc.?  
Have you ever injected Botox or similar ?  
Fingernail or toenail changes ? Please describe  
Skin surgeries / transplants of any kind ? Result ?  
Treated for skin cancer or other growth ?  
Where on the body, and when  
Problems not listed above  
Never or none of these

### Respiratory System

Asthma / lung disorders ?  
Shortness of breath ?  
Chronic cough and/or chest pain ?  
Frequent infections ?  
Sinus and/or ear infections ? How are they treated ?  
Other problems not on this list ?  
Never or none of the above

Please comment here

### Smoking

Tobacco cigarettes, what brand(s),  
how often, from when to when please?  
Vaping ? What brand(s), how often, from when  
to when please ?  
Cigars, pipes, chewing tobacco, etc ?  
Substances other than tobacco ?  
Never or none of the above

Please comment here

### Kidneys, Adrenal Glands, Bladder, Urinary Tract

Urinary tract surgery? Cause and results ?  
Growths or eruptions on or around genitalia ?  
Swollen lymph or lumps in around the anus, perineum,  
genitals, and surrounding areas ?  
Do you experience any pain or discomfort regarding sex ?  
Take diuretics to facilitate urination ?  
Urinary tract infections ? Recent or frequent ?  
Burning or difficult urination ?  
Awakened at night to urinate ? How many times ?  
None of these or other response

Please comment here

### Heart and Circulatory System

Arrhythmia (irregular heartbeat) ?  
Tachycardia (abnormally fast heart rate) ?  
Bradycardia (abnormally slow heart rate) ?  
Ever suffered a heart attack ?  
Chest pains in or around the heart ?  
Heart or related surgeries or therapies ?  
Blood disorders ?  
Other answer not listed above  
Never, none of these

Please comment here



### Male Considerations

Prostate issues – surgery, pain, etc.

**Please comment here**

Erectile problems ?

Any strange discharge or irritation of the penis ?

Testicle problems – swelling, discoloration, surgery, etc ?

Sexually transmitted diseases (STDs) ? Now or in the past that may have affected your concerns here ?

Taking hormones of any kind that affect reproduction ?

Other condition not on this list. Please describe here

Never or none of these

### Female Considerations

Surgery of the reproductive system ? Please answer when, reason, and result

**Please comment here**

Pregnant now ?

Using birth control of any kind ? What type, for how long ?

Taking hormones of any kind that affect reproduction ?

Currently menstruate on a consistent cycle ?

Are menses very heavy or very light, of strange duration ?

Please comment.

Menopause ? How long ? Difficulties ?

Sexually transmitted diseases (STDs) ? Now or in the past

Vaginitis, pain, or vaginal discharge ?

Endometriosis ?

Breast issues (swollen lymph, pain, etc.)

Other condition not listed here

Never or none of these

**Projected beginning of cycle**

**Projected end of cycle**

### Female Considerations

**Purpose of Testing: (when performing full testing, not just specific hormones) Please be sure to schedule hormone testing in sync with menstruation. Please choose your concerns below**

General hormonal function: Testing can be taken any time outside of menstruation

**Please comment here**

PCOS: Testing anytime outside of menstruation

Fertility / Ovarian function: Testing on day 3 (but cannot do urine testing this day)

Menopause / Peri-menopause : Testing on day 3 (but cannot do urine testing this day)

Heavy emotions: Testing around days 19-22

Light or Heavy menses: Testing around days 19-22

Specific concerns about Estrogen or Progesterone:

Testing days 19-22

Missing period: Testing any time

## PART FIVE : PATIENT DISEASE AND CAUSES

### Allergies

Animals?	<b>Please comment here</b>
Certain drugs?	
Diary products?	
Dust?	
Mold or mildew?	
Nuts or seeds?	
Other allergens not listed?	
Never or not sure	

### Autoimmune Disorders

Alopecia areata. Sudden hair loss that starts with one or more circular bald patches that may overlap.	<b>Please comment here</b>
Ankylosing spondylitis. An inflammatory arthritis affecting the spine and large joints.	
Celiac disease. An immune reaction to eating gluten, a protein found in wheat, barley and rye.	
Lupus. An inflammatory disease caused when the immune system attacks its own tissues.	
Multiple sclerosis. A disease in which the immune system eats away at the protective covering of nerves.	
Polymyalgia rheumatica. An inflammatory disorder causing muscle pain and stiffness around the shoulders and hips.	
Rheumatoid arthritis. A chronic inflammatory disorder affecting many joints, including those in the hands and feet.	
Sjögren's syndrome. An immune system disorder characterised by dry eyes and dry mouth.	
Temporal arteritis. An inflammation of blood vessels, called arteries, in and around the scalp.	
Type 1 diabetes. A chronic condition in which the pancreas produces little or no insulin.	
Vasculitis. An inflammation of the blood vessels that causes changes in the blood vessel walls.	
Other conditions not listed above.	
Never or not sure.	

### Cancers

Do you now have cancer, or previously had cancer?	<b>Please comment here</b>
Please comment	
Stage and type of cancer (if any, in detail please)	
Results of any previous medical tests. (Please provide most recent copies when we meet – please do not include here)	
Results of biopsy, if any	
Intravenous chemotherapy?	
Oral chemotherapy?	
Hormone therapy?	
Radiation therapy?	
Holistic or natural therapy for cancers and related diseases?	
Other not listed here. Please explain.	
Never, or not sure	

## Hepatitis or Liver Disease

Yellowing of the eyes or skin?

Please comment here

Hepatitis A (HAV) (Hepatitis A is spread primarily through food or water contaminated by stool from an infected person. Hepatitis A is a food-borne or waterborne illnesses.)

Hepatitis B (HBV) (The hepatitis B virus is spread through blood, semen, or other body fluids.)

Hepatitis C (HCV) (The hepatitis C virus is spread through contact with an infected person's blood — because of genital sores or cuts or menstruation. Also through injection drug use, unsafe injection practices, unsafe health care, and the transfusion of unscreened blood and blood products.)

Hepatitis D. (HDV) (Hepatitis D infection only occurs in the presence of hepatitis B virus. HDV-HBV co-infection is considered the most severe form of chronic viral hepatitis.)

Hepatitis E (HEV) (The hepatitis E virus is transmitted mainly through contaminated drinking water. It is usually a self-limiting infection and resolves within 4 to 6 weeks.)

NON-viral Hepatitis. Please describe

Never or none of the above

## Herpes

Herpes Simplex 1 (HSV-1) (oral cold sores in or around the mouth or lips. Associated with bipolar disorder, Alzheimer's disease and more)

Please comment here

Herpes Simplex 2 (HSV-2) (genital / anal area breakouts. Associated with (Mollaret's meningitis)

Herpes 3 (HHV-3 or VZV) (chickenpox, shingles, human herpes varicella-zoster)

Herpes 4 (Epstein Barr HHV 4) (associated with mononucleosis, lymphomas, lupus, arthritis, MS, Chronic Fatigue, etc.)

Herpes 5 (cytomegalovirus HHV 5 or CMV) (associated with Infectious mononucleosis ('kissing disease'), retinitis)

Herpes 6 (HHV-6) (associated with Chronic Fatigue Syndrome, cognitive dysfunction, autonomic dysfunction, roseolovirus, lymphotropic virus – infects approximately 70% of humans. Symptoms consistent with hepatitis and encephalitis)

Herpes 7 (HHV-7) (associated with pityriasis rosea. Also associated with drug-induced hypersensitivity syndrome, encephalopathy, hemiconvulsion-hemiplegia-epilepsy syndrome, hepatitis infection, postinfectious myeloradiculoneuropathy, pityriasis rosea, and the reactivation of HHV-4, leading to "mononucleosis-like illness")

Herpes 8 (HHV-8) (Associated with neoplasms. Diseases caused by HHV-8 infection include Kaposi Sarcoma, Multicentric Castleman Disease (MCD), Primary Effusion Lymphoma (PEL), which occur primarily in patients with HIV infection)

ParvoVirus (B-19) (associated with slapped cheek syndrome, sero negative arthritis, aplastic anemia, sickle cell disease, encephalitis, meningitis, stroke, peripheral neuropathy, and more)

Not sure or other condition not listed above. Please explain

Never or none of these

### Toxic Exposures

Exposed to chemicals or toxins related to machine work, solvents, fuels, industrial cleaners, etc?

**Please comment here**

Insect or weed killers in the house or around where you are (how often, what brand?)

Insect repellants sprayed or rubbed onto the body (how often, what brand?)

Briefly describe any toxic chemical exposures at any time during the Patient's life

Party favors in the past three years

Other exposures not listed above. Please explain

Never or none of the above

### Radioactivity Exposures

Radioactive exposures from frequent flying (how many flights per year ?)

**Please comment here**

Radioactive exposures from CT scans, MRI, X-rays.

How many times? Was 'contrast' injected into the body during the procedure ?

Use of cell phone next to the head (how many hours per day on average?)

Live within 100 meters of a cellular or radio broadcast tower ? Please explain.

Have lived or worked near a nuclear power plant or nuclear facility ?

Have lived near or visited Chernobyl, Fukushima, Hanford or other contaminated area ?

Have suffered from unexplained sudden hair loss or skin mottling, etc ?

Any other source of radioactivity not listed above.

Please explain

Never or none of the above

## PART SIX : MEDICATIONS PAST AND PRESENT

### Common Medications the Patient has Taken during the Past 2 Years or Less

Aspirin / Other pain killers

**Please comment here**

Ibuprofen (Advil / Motrin)

Panadol / Paracetamol / Tylenol / Benadryl / Acetaminophen

Sudafed / Claritin / anti-histamine

Diuretics (ease urination)

Coumadin/ Heparin/ blood thinners (stroke prevention)

Statins for cholesterol, (Lipitor, Crestor, Zocor)

Prozac or similar

Anti-fungal (on skin or orally)

Estrogen / HGH / other hormones

Other not listed above. Please describe. Thanks.

None of these

**All CURRENT medications, supplements, herbal medications, etc. you are taking**

**Vaccines or Inoculations – Did you have reactions ? If so, how and where? Did you experience the covid infection afterward ? Have you received these over the years?**

COVID 19 – FIRST SHOT – Please indicate BRAND NAME      **Please comment here**

(Johnson & Johnson, AstraZeneca, Moderna, Pfizer, BioNtech, Sinovac, etc.) Please also indicate DATE and PLACE or CLINIC the shot was received (very important).

Did you have reactions? Please explain.

COVID 19 – SECOND SHOT – Did you have reactions ?

Please explain.

COVID 19 – FIRST BOOSTER SHOT – Did you have reactions ?

Please explain.

COVID 19 – SECOND BOOSTER SHOT – Did you have reactions ? Please explain.

PCR SWAB – How many times have you taken the PCR / Swab ?

Chickenpox (Varicella)

Cholera

Current flu vaccination every flu season

Diphtheria-tetanus-pertussis (DTP) vaccine

Haemophilus influenzae type b (Hib)

Hepatitis A

Hepatitis B

HPV vaccine

Japanese Encephalitis

Malaria

Measles-mumps-rubella (MMR) vaccine

Meningococcal conjugate vaccine

Meningitis

Pneumococcal (PCV)

Polio vaccine

Rabies

Rotavirus (RV)

Td or Tdap vaccine (tetanus, diphtheria, and pertussis) booster each 10 years.

Typhoid and paratyphoid fever

Varicella (chickenpox) vaccine

Yellow Fever

Zoster vaccine

Other vaccination not listed above, please explain

Not sure

## Antibiotics in the Past 10 Years

Amoxicillin. A penicillin antibiotic prescribed for tonsillitis, bronchitis, pneumonia, gonorrhea, and infections of the ear, nose, throat, skin, or urinary tract, and more.

Amoxicillin / Clavulanate. A combination penicillin antibiotic that fights bacteria in the body.

Azithromycin. Given for respiratory, skin, and ear infections, and sexually transmitted diseases.

Cephalexin. Prescribed for upper respiratory infections, ear infections, skin infections, and urinary tract infections.

Ciprofloxacin (fluoroquinolone). Prescribed for anthrax, plague, stomach disorders and more.

Clindamycin. A wide-spectrum antibiotic that fights bacteria in the body.

Doxycycline. For urinary tract infections, intestinal infections, eye infections, gonorrhea, chlamydia, periodontitis (gum disease), and others.

Levofloxacin (fluoroquinolone). For skin, sinuses, kidneys, bladder, prostate, bronchitis, pneumonia, anthrax.

Metronidazole (Clindamycin hydrochloride). A strong wide spectrum antibiotic that fights bacteria in the body.

Sulfamethoxazole / Trimethoprim. Used to treat or prevent wide spectrum of bacterial infections.

An antibiotic not on this list.

Exposure from foods such as chicken, eggs, fish, meat, etc.

Never have taken antibiotics.

Please comment here

## PART SEVEN : MEDICATIONS PAST AND PRESENT

### Happiness and Well Being

I am generally happy and content...

My strengths are...

My weaknesses are...

I suffer / have suffered from depression...

I suffer / have suffered from anxiety...

I have taken / take medications for depression or anxiety...

I am easily angered, triggered by...

I practice / have practiced a form of mind centering, such as meditation or quiet time...

Other answer not listed above

Please comment here

### Therapies Received in the Past 2 Years or Now Receiving

Acupuncture

Aromatherapy

Chelation therapy

Colonic therapy

Detoxing

Cannabis

Chemotherapy

Herbal medicine

Homeopathy

Please comment here

Naturopathy  
Oxygen therapy  
Prolo Therapy  
Radiation Therapy  
Reiki  
Vitamin C infusions (dosage, how often, any side effects ?)  
Other therapy not on this list  
Never or none of the above

### Surgeries and Operations

Appendix removed	<b>Please comment here</b>
Tonsils removed	
Digestive surgeries	
Elective surgeries. Please explain	
Emergency surgeries	
Eye operations	
Heart	
Skin operations, including growths or cancers, etc.	
Other surgeries not listed above, please explain here	
None of the above	

### Anti-Fungal Medicines

Oral anti-fungal medicines?	<b>Please comment here</b>
Topical anti-fungals?	
Not sure or other medicine, please explain	
Never or none of the above	

### Parasites

Treated for digestive parasites? If so when and how.	<b>Please comment here</b>
Did the treatment work?	
Treated for skin or hair parasites?	
Frequent bloating or gas?	
Anal bleeding or itching?	
Strings or mucous in the stools?	
Do you live with dogs or cats?	
Other parasite problems not listed here. Please explain	
Never or none of these. Please explain	

### Anything Else of Relevance

Note :  
Please fill this offline form, then Save it  
Send this form via email to : **survey@bsi.international**  
- or -  
Print and bring with you to your first meeting.  
(Please note this will add 30 minutes to your first visit).